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| **Course code** | |  | **WOMEN, WORK LIFE BALANCE AND PARAMEDICAL INDUSTRY** | **L** | | | **T** | **P** | **C** |
| **Core** | | | **CORE - I** | **2** | | | **1** | **1** | **4** |
| **Pre-requisite** | | | Students have the knowledge about women  Working in paramedical industry | **Syllabus Version** | | | **2022 -**  **2023** | | |
| **Course Objectives:** | | | | | | | | | |
| The main objectives of this course are to:   1. To give overview of the work life balance 2. To familiarize students with key institutions, concepts, issues, & status in paramedical industry 3. To give outline about need of Women’s work life balance in paramedical industry | | | | | | | | | |
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| **Expected Course Outcomes:** | | | | | | | | | |
| On the successful completion of the course, student will be able to: | | | | | | | | | |
| 1 | To understand the need and importance of Work life balance | | | | | | | K1 | |
| 2 | To gain knowledge about the major concepts related to Gender | | | | | | | K2 | |
| 3 | To attain knowledge about the issue related to vaccine industry | | | | | | | K3 | |
| 4 | To evaluate the role of social institutions in gender discrimination | | | | | | | K4 | |
| 5 | To achieve the knowledge about status of women in paramedical industry | | | | | | | K5 | |
| **K1** - Remember; **K2** - Understand; **K3** - Apply; **K4** - Analyze; **K5** - Evaluate; **K6** - Create | | | | | | | | | |
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| **Unit:1** | | **WORK - LIFE BALANCE** | | | | **8 --hours** | | | |
| Work life balance – Importance of Work–Family and Work–Health Balance | | | | | | | | | |
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| **Unit:2** | | **INTRODUCTION TO WOMEN AND WORK** | | | | **8 --hours** | | | |
| Key Issues on Women Who Work– The gender perspective – Concepts and their interpretation - Well-being – Work life balance Women’s Contribution to the Workplace – Women and part time work – Women and psychosocial risks - maintaining balance – women and their bodies – discrimination at work – organizational leadership and women. | | | | | | | | | |
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| **Unit:3** | | **BALANCING WORK: WOMEN’S CHOICES AND THEIR LIVES OUTSIDE WORK** | | | **7 --hours** | | | | |
| Roles, work-life conflict and well-being – Work-Life Conflict: Job Type and Gender - Women Academics and the Work-Home Interface - Work-Life Conflict and Facilitation - Organizational Support: Schedule Flexibility - Job Involvement and Commitment - Work-Life Balance Behaviors - Personal Strategies Used to Achieve Work-Life Balance - Womanpower in Emergency Medical Services. | | | | | | | | | |
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| **Unit:4** | | **MENSTRUATION AS A WORK STRESSOR** | | | **7 --hours** | | | | |
| Perceptions of Menstruation and Associated Symptoms- Effects of Premenstrual Syndrome- The Menstrual Cycle and Work Stress - Effects on Work Performance - Focus on the Workplace | | | | | | | | | |
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| **Unit:5** | | **WORKLIFE BALANCE OF WOMEN WORKING IN VACCINE INDUSTRY** | | | **7 --hours** | | | | |
| An introduction to vaccine industry – Role of women in vaccine industry - Work life balance of women in vaccine industry. | | | | | | | | | |

**Reference:**

1. Roxane L. Gervais. Prudence M. Millear (2016) “Exploring Resources, Life -Balance and Well-Being of Women Who Work in a Global context” ISBN 978-3-319-31734-2 ISBN 978-3-319-31736-6 (eBook)

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1. The Myth of Work–Life Balance, The Challenge of Our Time for Men, Women and Societies Richenda Gambles, Suzan Lewis and Rhona Rapoport (2006), John Wiley & Sons Ltd, UK.
2. <https://www.mckinsey.com/industries/healthcare-systems-and-services/our-insights/women-in-the-healthcare-industry>.
3. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7417925/pdf/jmdh-13-681.pdf>
4. <https://www.weinmann-emergency.com/news/corporate-blog/women-in-emergency-medical-services/>

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| **Course code** | |  | **COMMERCIAL SEX WORKERS – EFFECT OF THE PANDEMIC** | **L** | | **T** | | **P** | **C** |
| **Core** | | | **CORE - I** | **2** | | **1** | | **1** | **4** |
| **Pre-requisite** | | | Students have the knowledge about women involved in commercial sex work | **Syllabus Version** | | **2022 -**  **2023** | | | |
| **Course Objectives:** | | | | | | | | | |
| The main objectives of this course are to:   1. To give overview of the commercial sex worker and practices 2. To familiarize students with key institutions, concepts, issues, & status in other marginalized strata of society 3. To give outline about need of policies and programmes for commercial sex workers | | | | | | | | | |
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| **Expected Course Outcomes:** | | | | | | | | | |
| On the successful completion of the course, student will be able to: | | | | | | | | | |
| 1 | To understand the need and importance of | | | | | | | K1 | |
| 2 | To gain knowledge about the major concepts related to Gender | | | | | | | K2 | |
| 3 | To attain knowledge about the issue related to vaccine industry | | | | | | | K3 | |
| 4 | To evaluate the role of social institutions in gender discrimination | | | | | | | K4 | |
| 5 | To achieve the knowledge about status of women in paramedical industry | | | | | | | K5 | |
| **K1** - Remember; **K2** - Understand; **K3** - Apply; **K4** - Analyze; **K5** - Evaluate; **K6** - Create | | | | | | | | | |
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| **Unit:1** | | **INTRODUCTION TO PROSTITUTION** | | | | | **8 --hours** | | |
| Definitions, types/ classification of Prostitution, History of Prostitution in India and abroad -Socio-Demographic Disadvantage of Sex Workers | | | | | | | | | |
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| **Unit:2** | | **EFFECTS OF LIFESTYLES ON HEALTH OF SEX WORKERS** | | | | | **8 --hours** | | |
| Physical health effects on Commercial Sex Workers and Awareness levels- HIV/AIDS/STD- Musculoskeletal Problems – Emotional and Mental Health issues - Addiction, Violence- Stress- Anxiety and Depression- Childhood Physical Abuse and Childhood Sexual Abuse (CSA), Interpersonal Violence in Adulthood, And Substance Use- Failing finances as a cause and effect of the trade | | | | | | | | | |
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| **Unit:3** | | **MENSTRUATION AS A WORK STRESSOR** | | | **7 --hours** | | | | |
| Perceptions of Menstruation and Associated Symptoms- Effects of Premenstrual Syndrome- The Menstrual Cycle and Work Stress – Menstrual Hygiene and Pregnancy of Sex Workers | | | | | | | | | |
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| **Unit:4** | | **IMPPACT OF PANDEMIC ON THE SEX WORKERS** | | | **7 --hours** | | | | |
| Effect of the pandemic on the lives of the commercial sex workers- Government Actions-  NGO Intervention | | | | | | | | | |
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| **Unit:5** | | **SOCIAL CONSEQUENCES OF SEX WORKERS**  **AND CIVIL RIGHTS** | | | **7 --hours** | | | | |
| Legal Perspectives – Evolution of policies and law for commercial sex working- Acts and Policies/Bills/Rights, Immoral Traffic (Prevention) Act,1986, Sec.370 A, 372, 373, Article 23 (1), 23 (2)  Criminalization and Stigma- Legalization of prostitution, Pros and Cons | | | | | | | | | |

**Reference:**

1. Prostitution and beyond – Kumudini Achchi
2. Women and Prostitution- Concept in Human sexuality – Dr. (Mrs) Poonam Sharma
3. A review of literature on sex workers and social exclusion – By the UCL institute of Health inquiry for inclusion health, Department of health, April 2014 (Reuben Balfour with Jessica Allen)