

**BHARATHIAR UNIVERSITY, COIMBATORE-641 046**

**M.S.W (Master of Social Work) with Diploma in Counseling & Guidance (CBCS Pattern)**  
(for the students admitted during the academic year 2008-2009 & onwards)

**SCHEME OF EXAMINATIONS**

| Study Components    | Course Title  | Ins. hrs / week | Examinations |     |       |             | Credit    |
|---------------------|---|-----------------|--------------|-----|-------|-------------|-----------|
|                     |   |                 | Dur.Hrs      | CIA | Marks | Total       |           |
| <b>Semester I</b>   |   |                 |              |     |       |             |           |
|                     | Introduction to Social Work   | 5               | 3            | 25  | 75    | 100         | 4         |
|                     | Indian Society  | 5               | 3            | 25  | 75    | 100         | 4         |
|                     | Human Growth and Development  | 5               | 3            | 25  | 75    | 100         | 4         |
|                     | Social Case Work  | 5               | 3            | 25  | 75    | 100         | 4         |
|                     | Concurrent Field Work – Practical-I   | 6               | 3            | 40  | 60    | 100         | 5         |
|                     | <b>Elective/Diploma-I: Introduction to Counseling &amp; Guidance</b>  | 4               | 3            | 25  | 75    | 100         | 3         |
| <b>Semester-II</b>  |   |                 |              |     |       |             |           |
|                     | Social Group Work   | 5               | 3            | 25  | 75    | 100         | 4         |
|                     | Community Organization and Social Action  | 5               | 3            | 25  | 75    | 100         | 4         |
|                     | Social Work Research and Statistics   | 5               | 3            | 25  | 75    | 100         | 4         |
|                     | Labour Welfare (Special.Paper-I) (or)<br>Medical Social Work (Special.Paper-I) (or)<br>Rural and Urban Social Structure (Special.Paper-I)                         | 5               | 3            | 25  | 75    | 100         | 4         |
|                     | Concurrent Field Work–Practical-II (including Rural Camp)   | 6               | 3            | 40  | 60    | 100         | 5         |
|                     | <b>Elective/Diploma : II : Counseling Practice</b>  | 4               | 3            | 25  | 75    | 100         | 3         |
| <b>Semester-III</b> |   |                 |              |     |       |             |           |
|                     | Social Welfare Administration and Social Legislation  | 6               | 3            | 25  | 75    | 100         | 4         |
|                     | Labour Legislation (Special Paper-II) (or)<br>Hospital Administration (Special.Paper-II) (or)<br>Rural Community Development (Special Paper-III)                  | 6               | 3            | 25  | 75    | 100         | 4         |
|                     | Industrial Relations (Special.Paper-III) (or)<br>Foundation of Psychiatry-I (Special.Paper-III) (or)<br>Welfare of Weaker Section (Special.Paper-III)             | 6               | 3            | 25  | 75    | 100         | 4         |
|                     | Concurrent Field Work – Practical-III   | 6               | 3            | 40  | 60    | 100         | 5         |
|                     | Office Automation   | 2               | -            | -   | -     | -           | -         |
|                     | <b>Elective/Diploma-III : Counseling Theories</b>   | 4               | 3            | 25  | 75    | 100         | 3         |
| <b>Semester-IV</b>  |   |                 |              |     |       |             |           |
|                     | Human Resource Management (Special.Paper-IV) (or)<br>Foundation of Psychiatry-II (Special.Paper-IV) (or)<br>Urban Community Development (Special.Paper-IV)        | 7               | 3            | 25  | 75    | 100         | 4         |
|                     | Organizational Behaviour (Special.Paper-V) (or)<br>Psychiatric Social Work Practice (Special.Paper-V) (or)<br>Management of Non-Profit Organization (Spl.Paper-V) | 7               | 3            | 25  | 75    | 100         | 4         |
|                     | Concurrent Field Work - Practical-IV  | 6               | 3            | 40  | 60    | 100         | 5         |
|                     | Block Field Work  | -               | -            | -   | -     | -           | -         |
|                     | <b>Project Report</b>   | 6               | 3            | 25  | 75    | 100         | 6         |
|                     | <b>Elective/Diploma-IV : Counseling Techniques</b>  | 4               | 3            | 25  | 75    | 100         | 3         |
| <b>TOTAL</b>        |   |                 |              |     |       | <b>2200</b> | <b>90</b> |

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**SWP 01**

**INTRODUCTION TO SOCIAL WORK**

**UNIT I**

Social work - Definition, Objectives, History, Philosophy and scope. Concept of related terms: Social welfare, Social service, Social reform, Social Security, Social Justice and Introduction to the Methods of Social Work.

**UNIT II**

Trends of Social Work profession in India – Traits, Principles, Values, Ethics and Goals. Approaches and Models' of Social work - Relief model, Welfare model, Clinical model, Systems model, Radical model, and Developmental model.

**UNIT III**

Development of Social Work Education in India. Fieldwork and Profession – Importance of Fieldwork and Supervision. Problems faced by the social work profession in India. Need for social science knowledge for professional social workers. Functions of Professional Associations.

**UNIT IV**

Fields of social work - Family and child welfare, Correctional social work, Industrial social work, Medical and Psychiatric social work, youth welfare, Community development(Rural and Urban)

**UNIT V**

Emerging Areas of Social Work-Environmental Protection, Disaster management, HIV/AIDS Gerontological Social Work and Human Rights.

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| I.S.Subhedar             | Field work training in social work<br>Rawat publications<br>Jaipur and new Delhi                            |
| Shaikh Azhar Iqbal       | Principles and practices of social work<br>Sublime publications, Jaipur, India                              |
| Rameshwari Devi          | Social work practices   |
| Ravi Prakash             | Mangal Deep Publications, Jaipur  |
| Gangrade, K. D           | Dimensions Of Social Work, Marwah<br>Publications, New Delhi  |
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- Brenda Dubois and Social Work an Empowering Profession, III.Edn.
- Karla Krogsrud Miley Allan and Baken, Boston.
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## **SWP 02**

## **INDIAN SOCIETY**

### **UNIT I**

Concept of Society. Individual and Society. Basic Elements- Group, Community. Complexity of Indian Society: Demographic Characteristics of Indian Society. Demographic variables and Malthusian Theory.

### **UNIT II**

Socialization: concept, Importance and Functions. Agencies of Socialization. Culture : concept, Influence on Individuals, Cultural Conflict, Impact of Cultural Change,

### **UNIT III**

Indian family system: Marriage - forms, functions, changes in mate choice and ceremonies. Family - forms, functions and contemporary changes Conflict, break down, adjustments.

### **UNIT IV**

Caste system: Traditional Verna system, theories on the origin and development. Modern Trends of Caste System in India. Social Stratification – Definition and Characteristics. Caste and Class. Social Control – meaning - Agencies Formal and informal means- social sanctions.

### **UNIT V**

Welfare state: Concept, need, characteristics- India as a welfare state- Social Change: Definition, concept, types and theories of social change in India. Gender roles and inequalities.

## **BIBLIOGRAPHY:**

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Class And Occupation, Bombay, Popular Prakashan  
Caste And Inequality In India, New Delhi, Hindustan  
Family Marriage In India, New Delhi, Oxford University

Society, An Introductory Analysis, London, Macmillan  
Indian Social Problems, Vol 1 11  
Study Of Indian Society, A Sociological Analysis Of  
Social Welfare And Social Work Education, S. Chand &  
Co. New Delhi.

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Urban Sociology On India, New Delhi Orient Longman  
Social Change In India, New Delhi, Orient Longman

## **SWP 03**

### **UNIT I**

Definition, nature and scope of psychology - a brief idea on various schools of psychology - relevance of psychology for social work profession

### **UNIT II**

Physical and psychological aspects of various stages of Human growth and development: Infancy, Babyhood, childhood, puberty, adolescence, adulthood, middle age and old age.

### **UNIT III**

Personality: concepts, and factors influencing personality development - heredity and environment - measurement of personality. Intelligence: Concept, theories and assessment. Emotions-development of emotions - individual and group emotions - crowd behavior.

### **UNIT IV**

Learning: concept, types, transfer of learning, -theories of learning. Perception: Concept, types, errors in perception principles of organization. Motivation: classification of motives - motivation and behaviour - hierarchy of motives interaction of motives - theories.

### **UNIT V**

Stress: Meaning, Causes and Effects. Conflict – Meaning, Type, Coping Derives, Defense Mechanism. Mental Illness – Definition and Type, Role of Social Workers in Promoting Mental Health.

## **BIBLIOGRAPHY:**

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Personality and Problems for

Adjustment, London: Routledge & Koged Paul

Psychology Made Simple

Psychology And Life

Human Development

Child Behaviour And Development

Emotional Problems Of Children

Introduction To Psychology

## **SWP 04**

## **SOCIAL CASE WORK**

### **UNIT I**

Social-Case Work: definition and objectives, its importance and relationship with other methods of Social Work, Principle of case work. Basic components of Social Case Work: the person, the problem, the place and the process. Client - case worker relationship and the use of professional self.

### **UNIT II**

Social Case Work process: study, diagnosis and treatment. Tools-and techniques in the study process: Interview, observation, home visits and collateral contacts. Social Case Work intervention -direct and indirect multidimensional intervention. Goal attainment, Termination, Evaluation and follow up.

### **UNIT III**

Approaches in Social Case Work: Psychosocial approach, functional approach, diagnostic approach, and crisis -intervention. Social casework recording: need, importance & types of recording.

### **UNIT IV**

Social Case Work in different settings: Family and child welfare, School, Community, Medical and Psychiatric institutions, correctional settings, care of aged, Case work in foster home.

### **UNIT V**

Recent trends in Social Case Work. Problems and limitations of Social Case Work practice in India. Impact of social, cultural factors on individual and families. Practice and research in Social Case Work. Use of single case evaluation and ethnography as research methods in Social Case Work.

## **BIBLIOGRAPHY**

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- "Transference & Reality In The Case Work  
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**COMPULSORY DIPLOMA FOR M.S.W. (AFFILIATED COLLEGES)**  
**DIPLOMA IN COUNSELLING & GUIDANCE**

**PAPER I : INTRODUCTION IN COUNSELLING**

**Unit I**

**Guidance and Counseling on Today's Perspective**

Introduction –Meaning of guidance. Basic principles and assumptions underlying guidance-Definitions of counseling-Characteristics of a counselor.

**Unit II**

**Foundations of counseling: History and Research**

The identify of counseling- History of Therapeutic Counseling: The ancient Philosophers- The first Psychiatrists-Influences from psychology- The Guidance era. The counseling era-The era of the therapeutic counseling –Licensing and regulation in counseling –Research foundation of counseling ; Counselors as scientist-practitioners; counseling research process –research for the counselor

**Unit III**

**Settings for counseling**

What counselors have in common: A unique identity-many different roles –a set of generic skills-a set of common goals –developmental and remedial orientation-team work-counseling process :steps in counseling

**Unit V**

**The therapeutic relationship-**

Qualities of counseling relationships-perspectives on helping relationships: congruence –positive regard and empathy-working alliance-counselors as relationship specialists-conflict, resolution in relationships –practical dimension of therapeutic relationships –commitment –trust-empaty-confidentiality –benevolentpower –creating a relationship in the initial interview;establishing rules –planning hope –assuring confidentiality- assessing expectations –collecting information,identifying problems-beginning intervention-first session agenda review reciprocal influence

**Unit V**

**Assessment , testing and the diagnostic process**

Meaning of assessment –role of testing in the assessment process-standardized measures :test of ability, aptitude ,achievement and test of typical performance Selecting tests-non standardized measures: observational assessment –case study, rating scale-self assessment –using assessment methods. Formal and functional diagnosis-diagnosis-ethical concerns-Behavioral Diagnosis



**UNIT I**

Social Group Work - Definition, characteristics, historical development, current trends its relevance and scope. Basic assumption and philosophy behind Social Group.

Psychological Needs that are being met in Groups.

**UNIT II**

Knowledge base for group work - psychoanalytic theory, learning theory, field theory, social exchange theory, system theory. Group dynamics - definition, functions and basic assumptions

**UNIT III**

Social Group Work process: planning stage, beginning stage, middle stage, ending stage. Principles of Social Group Work. Group process: bond, acceptance, Isolation, Rejection, types of group, subgroups, conflict and control. Leadership Development and Team Building.

**UNIT IV**

Social Group Work recording - use of social group work records. Principles and problems of group work recording, supervision in group work. Group therapy - significance of group therapy. programme planning in Social Group Work-Programme laboratory. Use of psychodrama and socio drama.

**UNIT V**

Group work in various setting: correctional, hospital, educational, old age homes and communities. Use of socio-metry for group work. Skills of the Social Group Worker. Scope and limitations of group work in different fields of social work-Group work model.

**BIBLIOGRAPHY.**

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New York.

**SWP 07**

**COMMUNITY ORGANISATION AND SOCIAL ACTION.**

**UNIT I**

Community Organization - Definition, Objectives. Historical Background of Community organization. Community Organization as a method of social work. Community Organization in UK and USA. Concept of community development. Similarities and differences between Community Organization and community development. Community Organization – Scope, Philosophy, and Goals and models of community organization

**UNIT II**

Methods of Community Organization: Planning, Education, Communication, Community participation, Collective decision-making, leadership development.. Resource mobilization, Community action, Promotion, Co-ordination. Phases of Community Organization: Study, Analysis, Assessment, Discussion, Organization of Action, Evaluation, Modification, and Continuation.

**UNIT III**

Skills in Community \_-Organization -Organizing conferences, committee meetings, training, communication, consultation, negotiation, conflict resolution, networking and use of relationship.

**UNIT IV**

Application of Community Organization in different fields - health, correctional, educational, rural and urban, industrial etc. Community welfare councils and community chest.

**UNIT V**

Social Action: Definition Objectives Principles, Methods and Strategies. Social action and social movement, social action for social development. Scope of social action in India. Enforcement of social legislation through social action.

**BIBLIOGRAPHY:**

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|--|--|
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Rural Development Principles Policies Management  
New Delhi: Saga Publication  
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Continuity & Change In India. Indian International  
Publication, Allahabad.  
Anti Proverty Rural Development In India. L.K.  
Mforldng With The Poor Mahila SWDCAP  
Theory And Practice Of Community Work  
Organizing For Social Change London: George  
Concepts And Methods Of Social Work; 1977 2nd  
Ed.,Prentice - Hall Of India Pvt. Ltd.,Delhi.  
Concepts Arid Methods Of Social Work: 2n Ed.,  
Prentice Hall Of India Pvt. Ltd., Delhi.  
Creating Social Change

**SWP 08**

**SOCIAL WORK RESEARCH & STATISTICS**

**UNIT I**

Introduction - Concept and Purpose of research. Social work research - Concept, definitions, objective, functions, Characteristics, scope and limitations. social work research and social research. SWR in India.; Scientific method in social work research. Basic elements - concept, variable, facts and theory.

**UNIT II**

Problem Identification and Formulation of Hypothesis. Research Design- concept, Type, Exploratory, Formulative, Descriptive, Diagnostic, Experimental, Evaluative, Case Study, Multi Design, Participatory Research and Single Subject Research.

### **UNIT III**

Sampling - Its importance - types of sampling Tools of Data Collection - Sources of data: Primary and secondary. Observation, Mailed questionnaire and Interview schedule - meaning, construction, advantages and limitations. interview - Nature and importance, type- of interviews. Uses of scaling techniques.

### **UNIT IV**

Method of Analysis: Quantitative Analysis and Qualitative Analysis, Content Analysis and case analysis. Statistical Analysis. Use of computer for SWR, SPSS. Reporting: Format and references.

### **UNIT V**

Statistical application: Measures of central tendency - Mean, median, mode. Measures of dispersion - Standard Deviation. Testing of hypothesis - Chi-square test, T-test, Coeff. of Association and correlation. (Product moment correlation and rank order correlation).

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| Young, Pauline, V.                          | Scientific Social Surveys And Research   |

### **SWP 09A**

### **LABOUR WELFARE (special paper 1)**

#### **UNIT I**

Concept of labour - characteristics of Indian labour- labour in unorganized sector - recommendations of national commission on labour on various issues, absenteeism and labour turnover - factors Influencing productivity.

#### **UNIT II**

Concept and scope of labour welfare - classifications of labour welfare – labour welfare officer - role of labour welfare officer - impact of automation, globalization & liberalization on labour welfare. Role of Trade Unions in Labour Welfare.

#### **UNIT III**

Labour welfare - principles of labour welfare - administration of labour welfare at central and state level -. The scheme of workers education - the objectives of workers education

#### **UNIT IV**

Significant labour welfare measures - housing - industrial housing policy and housing programmes - family benefit schemes - children education - cooperative society - canteen - transport facilities and recreation facilities.

#### **UNIT V**

Industrial accidents -. causes and prevention - industrial health & hygiene occupational diseases - treatment and prevention - pollution control and environmental protection'

#### **BIBLIOGRAPHY:**

- |                                   |  |
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| Singh R & Singhal I C<br>Vaid K N | Labour Problems<br>Labour Welfare In India   |

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**UNIT I**

The meaning of health, hygiene, illness and handicap. Historical development in medical social work in the west and in India. Medical social work practice in different settings-hospitals, out patient department, emergency care, special clinics and community health. Problems encountered by medical social worker in the field.

**UNIT II**

Organization and administration of medical social work department in hospitals. Medical social work in relation to different disciplines, multi-disciplinary approach and team work, patients right in health care.

**UNIT III**

The psycho social problems and the role of medical social worker in dealing patients with TB STD, AIDS, POLIO, Malaria, Leprosy, Typhoid, cancer, Hyper tension, cardiac disorders, and asthma.

**UNIT IV**

Concept of public health and preventive medicine, levels of prevention; primary, secondary and tertiary prevention. Food and nutrition: importance of nutritional constituent of food, balanced diet, nutritional deficiency diseases and preventive measures, problems of mal nutrition in India and measures to tackle it.

**UNIT V**

Role of medical social worker in rehabilitating a physically challenged patient, team work - involvement of the family members, importance of family planning, sex education and school health programmes.

**BIBLIOGRAPHY:**

Anderson R & Bury M (Eds):

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Bajpai P K (Ed):

Social Work Perspective On Health

Bartlatt H M

Social Work Practice In Health Field 27

Chalkley A M

A Text Book For Health Workers New Delhi

Field M

Patients Are People - A Medico Social Approach To Prolonged Illness.

Ghai O P

Management Of Primary Health Care

Goldstein D

Expanding Horizons In Medical Social Work

Lee Grace

Helping The Troubled Child

Park.J.R

Textbook Of Preventive And Social Medicine

Pathak S H

Medical Social Work In India

Prasad L

Rehabilitation Of The Physically Handicapped

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**UNIT I**

Scope of rural sociology - their relation to general sociology. Folk and peasant societies, types of villages in India and their physical structure the Indian village as a community, family, kinship, caste, class and occupation in an Indian village; traditional village organization and the village panchayat, leadership in Indian villages: social change in rural India; major problems of rural communities.

**UNIT II**

Scope of urban sociology and their relation to general sociology. Urbanization: concept and theories, industrialization and urbanization. Ancients, medieval and modern Indian Cities. Urbanization in modern India: demographic and occupational, characteristics of urban India; characteristics of town, city, metropolis, suburbs, and satellite towns.

**UNIT III**

Rural economy: definition, and scope; pattern and problems of Indian rural economy. Economics of agriculture: methods of cultivation, problems of organization and management. Land reform measures since independence and their effectiveness; Bhoodan and Gramadan. Movements

**UNIT IV**

Rural unemployment and under-employment: utilization of rural manpower, rural works project, cottage and village industries; rural economic development measures and their evaluation - agencies for the Development of small and marginal agricultural labourers - green revolution and its socio economic implications.

**UNIT V**

Cooperative institution: constitution, organization set-up cooperative legislation, classification of cooperative societies, characteristics of different types of cooperatives. Cooperative management and administration state and cooperatives, role of reserve bank in cooperative movement

**BIBLIOGRAPHY:**

- |                            |  |
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| Ahish Bose 1973            | Studies In India's Urbanization 1901 -1971. New Delhi McGraw Hill                                  |
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| Desai A R 1961             | Rural Sociology In India Bombay: The Indian Society Of Agricultural Economics.                     |
| John P 1975                | The Urban World New York Mc Graw Hill.   |
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| Nanavathy And Others       | Indian Rural Problems Bombay: Vora & Co.   |
| Quinn James                | Urban Sociology New Delhi: Eurosis Publishing House.   |
| Gist, Noal And Halbert L   | Urban Society Ed. New York:Thomas Y, Growell Co.   |

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# Diploma Paper II : Counselling Practice

## **Unit I**

### **Group counseling**

Survey of groups: encounter groups-guidance groups –counseling groups-therapy groups-self help and support groups. Some consideration in the use of group modalities –counteracting potential limitation-advantages of group work –cost efficiency- spectator effects-stimulation values-feedback-support-structured practice-basic assumptions about groups. Group process stages-cues of intervention –abusive behavior –rambling and digressions-withdrawal and passivity-lethargy and boredom-semantic error-specialized skills of group work

## **Unit II**

### **School counseling in School**

For new entrants-elementary stage-specific objectives and activity-middle stage-specific objectives-general and specific activities-lower secondary stage –specific objectives and activities-senior secondary stage

## **Unit III**

### **Career counseling**

Functions of work –roles of counseling –facilitating awareness –becoming familiar with the world of work –teaching decision making skills-teaching employability skills- theories of career development-caplow – super-holland-hoppock-roe-karumboltz-career education :abilities – interest-values-career decision making –trend and issues in career counseling: changes in work place-work and leisure-use of technology-counseling in industries

## **Unit IV**

### **Marital ,family and sex counseling**

Family VS individual counseling-theories of family counseling –power in relationship-symptoms as solution –interpreting symptoms as solutions-diagnostic questions-reframing –directives: forcing the spontaneous –position through compliance-pretending-slowing down. Ethical issues in family counseling.

Sex counseling: clinical assessment interview –physical examination and medical history-exploration of relationship –sensate focuses exercise-specialized techniques –evaluation

## **Unit V**

### **Addiction counseling**

Symptoms of addiction-drug use and abuse-drug culture-types of drugs-marijuana –depressants-stimulants-narcotics-halucinogens -effects of drug abuse-adolescent drug use-prevention –abuse in special population-the elderly-the disabled principles for counseling the chemically dependent: Medical model – AA / NA model. Therapeutic model.

## **SWP 11 SOCIAL WELFARE ADMINISTRATION AND SOCIAL LEGISLATIONS**

### **Sub Description:**

This subject deals with basic knowledge on social welfare administration and social legislations.

### **Goal:**

To enrich the students' Knowledge on Social welfare administration.

### **Objectives:**

To help students understand the basics of social welfare administration.

To facilitate in fieldwork training.

### **Contents:**

#### **UNIT I**

Social welfare administration – concept, meaning, definition, need, scope and functions.

Social welfare administration – Voluntary and Governmental organizations- Central and State social welfare boards and their functions.

#### **UNIT II**

Evolution of social welfare administration in India, Methods and models- Family and child welfare , youth welfare, services for the handicapped, disaster relief, school social services – Models- familial model, residual model, mixed economy model, model of state control.

#### **UNIT III**

Societies Registration Act, 1860, Procedure under the Tamilnadu Societies Registration Act, 1975-registration, need and importance. Foreign Contribution (regulation) Amendment Act 1985, Indian Trust Act, 1881,- the duties and responsibilities of office bearer and the executives, the role of the general body and the governing board.

#### **UNIT IV**

Social legislation: concept, meaning, definition, needs and scope. Social legislation as an instrument for social control, social change, social justice, social defense and social reform. Indian constitution: importance, fundamental rights and directive principles of state policy, Indian constitution and social legislation

#### **UNIT V**

Personal laws: Laws related to children: Adoption, Guardianship and Maintenance, Laws related to women: dowry, Immoral Traffic, Domestic violence. Hindu laws related to marriage and divorce, Special Marriage Act, Laws to safeguard SC / ST , Juvenile delinquency and Mentally ill,

Introduction to Indian penal code - criminal procedure code, court, prisons, probation and parole. Legal aid-Public Interest litigation (PIL)- Right to Information Act.

### **References:**

- |                      |      |   |
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| Batattacharia sanjay | 2006 | Social work administration and development, NewDdelhi, Rawat. |
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## SWP 12 A

## LABOUR LEGISLATION

(spl paper II)

### *Subject description*

This subject portrays various aspects of labour legislations, legislations relating to working conditions, safety, welfare, wages and social security.

### *Goals*

To facilitate the students to learn about various labour laws

### *Objectives*

On successful completion of the course the students should enrich their knowledge about  
a) laws relating to working conditions and safety b) laws relating to welfare c) laws relating to wages d) laws relating to social security.

### *Contents:*

#### **Unit I**

Labour Legislation – concept – meaning – objectives – importance-principles.  
Labour Legislation: The apprentices Act **1961**, The Contract Labour regulation and abolition Act 1970- The Industrial Establishment national and Festival holidays Act 1951

#### **Unit II**

Legislation (Provisions) relating to working conditions and safety: The Factories act 1948-The Mines act 1952-The Plantation Labour Act 1951-The Motor Transport Act 1961-The Shops and Establishments Act 1947.

#### **Unit III**

Legislation (Provisions) relating to Welfare: The Factories Act 1948-The Mines Act 1952-The Plantation Labour Act 1951-The Catering Establishment Act 1958 – The Tamil Nadu Labour Welfare Fund Act 1972.

#### **Unit IV**

Legislation relating to Wages: The Payment of Wages Act 1936-The Minimum Wages Act 1948-The Equal Remuneration Act 1976-The Contract Labour Regulation Act 1970-The Payment of Bonus Act 1965.

#### **Unit V**

Legislation Relating to Social Security: The workmen's Compensation Act 1923 - The Employees State Insurance Act 1948 - The Provident Fund Act 1952 - The Employees Pension Scheme 1995- The Payment of Subsistence Allowance Act 1981- The Payment of Gratuity Act 1972 - The Tamilnadu conferment of permanent status of workmen Act 1981

## References:

|                          |       |  |
|--------------------------|-------|--|
| Bhatnagar Deepak         | 1986  | Labour and Industrial Laws<br>New Delhi: Pioneer Books   |
| Kannan and Sowri Rajan   | 1996  | Industrial and Labour Laws<br>New Delhi: Taxman Allied Services                                    |
| Kapoor ND                | 2000  | Elements of Industrial Law<br>New Delhi: Sultan Chand & sons.                                      |
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| Subramanian V.           | 2002. | Factory Laws Applicable in<br>Tamilnadu. Chennai: Volume I II III<br>IV and V, Madras book agency. |
| Tripathi PC and Gupta CB | 2002  | Industrial Relations and Labour Laws.<br>New Delhi: Sultan Chand & sons.                           |

## SWP 12B

## HOSPITAL ADMINISTRATION

(Spl. Paper – II)

### **Sub Description:**

This subject deals with basic knowledge on hospital administration.

### **Goal:**

To enrich the students' Knowledge on Hospital administration.

### **Objectives:**

To help students understand the basics of hospital administration.

To facilitate in fieldwork training.

### **Contents:**

#### **UNIT I:**

Meaning of hospital - Evolution of Hospitals from charity to modern hospital  
classification of hospitals - General, special, public, private, Trust, Teaching –cum  
Research Hospital - Small or Large Size Hospitals.

#### **UNIT II:**

Planning a Hospital - The Planning Process - Choosing a Site, Location and Access,  
Building - Space Utilization, Physical Facilities - residential facilities requirements of  
various types of Wards; out patient services and in-patient services, emergency services  
in Hospital - Medico Legal cases - Different departments required in the hospital.

#### **UNIT III:**

Hospital Administration – Meaning, Nature and Scope Management of Hospitals -  
principles of Management - need for Scientific management. Human resource  
management in - Hospitals personnel policies - Conditions of Employment Promotions  
and Transfers- Performance appraisal. Working hours - leave rules and benefits –safety  
conditions - salary and wage policies, Training and development.

#### **UNIT IV:**

Staffing the hospital - selection and requirement of medical professional and technical  
staff - social workers -physiotherapist and occupational therapist Pharmacist  
-Radiographers - Lab technicians - dieticians - record officer -mechanics - electricians.  
Role of Medical Records in Hospital Administration - Content and their needs in the  
patient care system.

## UNIT V:

Hospital Budget - departmental budget as a first step - specific elements of a departmental budget including staff salary - supply costs - projected replacement of equipment - energy expenditures - contingency funds. Uses of computers in Hospital - purchase centralization- Shared Building system purchase agreements.

### References:

|                              |   |
|------------------------------|---|
| Benjamin Robert,etal 1983    | Hospital Administration Desk Book Newjerky<br>Prentice hall                                     |
| Davies R Lewelyn etal. 1966  | Hospital planning &. administration Geneva:WHO  |
| Goal S L 1981 -              | Health care Administration New Delhi: Sterling  |
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| Who Expert Committee 1957    | Role of Hospital in Programme of Community<br>health protection. WHO technical Report services. |
| Who Expert Committee 1968    | Hospitals Administration WHO Technical Report<br>Services No.395.                               |

## SWP 12C

## RURAL COMMUNITY DEVELOPMENT

(spl paper II)

### **Sub Description:**

This subject deals with basic knowledge on Rural community and panchayat Raj and community development administration.

### **Goal:**

To enrich the students Knowledge on Rural community

### **Objectives:**

To familiarize the students with the concepts of rural community and its features.  
To give opportunity to learn various aspects of rural community development, Panchayat Raj, its administration and community development programmes.

## UNIT I

Rural Community: Definition, meaning, Characteristics of rural Community, rural poverty,- rural development approach: Spatial Planning approach, Multipurpose approach, Integrated development approach, Area development approach, Multilevel district planning approach, Target group approach – India's strategy for rural development – Rural community development: Definition, meaning, objectives, scope & theories – Extension: concept, objectives, methods, techniques and limitations.

## UNIT II

Origin and development: Rural Community Development in India and Asia – orgin and background – Early Experiments: Sriniketan, Marthandom, Gurgaon – Pilot projects: Etawah project, Nilolkheri experiment, Firka scheme – Rural Community development after independence: Constitutional Provisions – overview on Five year plan policies inrRural development.

## UNIT III

Panchayati Raj: Local Self Government in ancient India: Moguls Period and British Period – Panchayati Raj after independence: Constitutioal Provisions, Balwant Roy Metha Committee Report, Ashok Metha Committee Report, Main features of Panchayati Raj legislation (73<sup>rd</sup>Amendment),structure of panchayati raj system (Two Tier and Three Tier systems),Functions of Panchayati: Civic amenities, social welfare activities and Development work, resource of panchayati – State Control over Panchayati Raj institution – Problems of Panchayati.

## UNIT IV

Community development administration :Organizational set-up and administration from National to local level – Planning machinery at the National, State and District level – Role of Panchayati Raj institution in planning – Planning by Zilla Parishad – Planning at block level – Planning at village level – “E” Panchayat (Electronic knowledge based panchayat) – Functions of BDO/Commissioner, Extension officers at block level – People’s participation – Role of NGO’S and PRI in rural community development.

#### UNIT V

Training and community development programme: Training: Meaning, Objectives, Scope and importance of training - Training Institutions: NIRD, SIRD – Panchayati development and training (PD&T) – Role Of CAPART and NABARD in rural development – Rural Development Programmes: A very brief idea on IRDP, DWACRA, TRYSEM – Indepth study on Central and State current programmes: Swarna Jayathi Gram Swarozgar Yojana, Sampoorana Gram Rozgar Yojana (SGRY), Indra Awas Yojana (IAY), IWDP, THADCO schemes – Namathu Gramam – Tamil Nadu Government social welfare schemes – Suggestions to improve the qualitative impact of the government programmes.

#### References:

|                                     |      |   |
|-------------------------------------|------|---|
| Agarwal and Singh                   | 1984 | The Economics of under development, Delhi: Oxford University.       |
| [ Aruna sharma and Rajagopal        | 1995 | Planning for rural development Administration, New Delhi: Rawat     |
| Bhadouria And Dua                   | 1986 | Rural Development Strategies Perspectives, Delhi: Anmol.            |
| Brashmanda P.R Panchamuki V.R(Ed    | 1987 | Development process of the Indian economy, Bombay:Himalaya.         |
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| Ledwith Margret                  | 2006 | Community Development<br>New Delhi: Rawat.   |
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| Rajeswari Dayal                  | 1962 | Community Development<br>Programme in India,<br>Allahabad: Kitab Mahal                     |
| Singh. D .R.                     | 1990 | Panchayati Raj and Rural<br>Organizations: Allahabad, Charugh.                             |
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| Vijay C.M                        | 1989 | Rural Development<br>Administration in India,<br>Jaipur :prateeksha.                       |

## SWP 13A

## INDUSTRIAL RELATIONS (Spl Paper III)

### *Subject description:*

This course portrays various aspects of Industrial relations such as ethical codes and factors of industrial relations , industrial disputes and settling machinery. Collective bargaining and workers participation.

### *Goals:*

To facilitate the students to learn about Industrial relations

### *Objectives:*

On successful completion of the course the students should enrich their knowledge about bipartite and tripartite bodies in Industrial relations, ethical codes of industrial relations, collective bargaining and workers participation.

### *Contents:*

## UNIT I

Definition - concept - need, importance, scope, objectives of industrial relations - Factors influencing industrial relations, bipartite and tripartite bodies in industrial relations - joint management council - works committee- Indian labour conference - standing labour committee-. Wage settlements.

## UNIT II

Ethical codes of industrial relations concept code of discipline in industry, causes and effects of industrial conflicts –problem of short term employment and out sourcing– strikes, lock outs, lay off, retrenchment, closure – need for industrial peace

### **UNIT III**

The Industrial Disputes Act 1941 concepts of standing order - content - procedure for certification. The Industrial Employment (Standing Orders Act) 1946. Employee discipline- Domestic enquiry.

### **UNIT IV**

Definition, concept, Structure and objectives of trade unions- Growth of Trade unionism in India -positive role of trade unions - major trade unions in India - problems and weaknesses of trade unions- measures to strengthen the functioning of trade unions. Indian Trade Unions Act 1926

### **UNIT V**

The Concept of collective bargaining - objectives- principles, process -subject matter for collective bargaining -administration of collective agreements - difficulties observations of the National Commission on Labour 1969) Workers participation in Management - Concept, objective, importance - forms of participation - workers participation in management in India - limitations to workers participation.

#### **Case studies:**

- [i] Arrangement could be made for role-play / case study and discussion.
- (ii) Questions paper setter may be requested to give at least a case study analytical Critical answer.

#### **References:**

|                 |      |  |
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| Memoria C B     | 1999 | Dynamic . Of Industrial Relationship in India - Bombay: Himalaya.                |
| Sharma A M      | 1984 | Industrial Relations Conceptional And Legal Frame Work - Bombay: Himalaya.       |
| Srivathsava v   | 1998 | Industrial relations and Labour Laws,New Delhi: Vikas.                           |
| Subba Rao P.    | 1999 | Essentials of Human resource and Industrial Relations, New Delhi, Himalaya.      |
| Subramainan K N | 1967 | Labour Management Relations In Tamil Nadu - Madras: Book Agency. I, II,III.      |
| Tripathi P.C    | 2005 | Personnel Management and Industrial elations. New Delhi, Sulatan chand and Sons. |



**Sub Description:**

This subject deals with basic knowledge on brain, nervous system and various psychiatric disorders.

**Goal:**

To enrich the students Knowledge on Psychiatry.

**Objectives:**

To help students understand the basics of psychiatry.  
To facilitate them in field work training

**Contents:****UNIT I**

Anatomy & physiology of brain, nervous system, endocrinal system and its functioning. Mental health: definition, factors affecting mental health. Definition of psychiatry, Historical development of psychiatry.

**UNIT II**

Mental illness – symptoms – disorders of perception, cognition, speech, motor and emotional disorders.  
Mental disorders, classification of mental disorders, mental status examination, psychiatric interview.

**UNIT III**

Neurosis – symptoms of Neurosis – etiology and clinical manifestations and differential diagnosis of anxiety, phobia, panic disorder, OCD, post traumatic order, conversion & disassociative disorders, psychosomatic disorders.

**UNIT IV**

Psychosis – symptoms of Psychosis – Types-functional and organic  
Psychosis – their differences, etiology, clinical manifestations and differential diagnosis of functional Psychosis- Schizophrenia and Affective disorder.

**UNIT V**

Organic Disorders- etiology, clinical manifestations and differential diagnosis of Dementia, Delirium, organic amensitic Syndrome.

**References:**

|                  |      |  |
|------------------|------|--|
| Abraham Varghese | 1982 | Introduction to psychiatry, New Delhi: BI            |
| Bhatia M.S       | 2001 | Essentials of psychiatry, New Delhi: CBS.            |
| James H. Seully  | 1979 | Psychiatry, New Delhi: D.K                           |
| Niraj Ahuja      | 1998 | Introduction to psychiatry, New Delhi:<br>Rawat      |
| Omkarnath G.     | 1977 | Psychiatry- P.G. Test review,<br>New Delhi: CBS.     |
| Kaplan           |      | Synopsis of comprehensive text book of<br>psychiatry |

Robert J Walter                      1998                      Psychiatry                      for                      medical  
students, Chennai: Medical publishers

Samson G Irwin                      2003                      Abnormal Psychology, New Delhi: Prentice  
Hall

## **SWP 13C                      WELFARE OF WEAKER SECTIONS (sp paper III)**

### ***Sub Description:***

This subject deals with basic knowledge on Welfare of weaker section in the society.

### ***Goal:***

To enrich the students Knowledge on weaker sections in the society

### ***Objectives:***

To educate the students with regard to scheduled castes, scheduled tribes and other weaker sections

To sensitize them on crucial problems like Untouchability bonded Labour and women related problems.

### ***Contents:***

#### **UNIT I**

**Weaker section:** Definition, concept, criteria for classification of weaker sections; Meaning of Scheduled castes, Schedule tribes, Denotified communities, Nomadic and semi nomadic communities and Most backward classes – Administrative setup at the Central, State and District levels for the development of weaker sections.

#### **UNIT II**

**Untouchability:** Historical, Sociological and Psychological Perspectives of Untouchability – Origin of Untouchability: Traditional Theory, Racial Theory, Theory of Ceremonial /Occupational Purity and Occupational Theory – Causes of Untouchability - Harmful effects of the practice of Untouchability – Role of Social reformers and voluntary agencies in the removal of Untouchability – Constitutional and legislative measures for the eradication of Untouchability – Failure of constitutional measures in abolishing Untouchability.

#### **UNIT III**

**Scheduled caste:** Definition – Ecological distribution – Demographic, social and economic characteristics of Scheduled Castes – Problems of the Scheduled Castes - Ideologies relating to the development of weaker section – Programmes and policies of government and Non governmental organizations for the welfare measures of Scheduled Castes and its effects and impact.

**Scheduled tribes:** Definition, characteristics, problems of Scheduled tribes – Types of tribal movements – Causes of tribal unrest – Approaches to solve tribal problems – Welfare programmes of the government and their beneficiaries and failures.

#### **UNIT IV**

**Bonded labour:** Definition, meaning, features, causes, measures taken by the government to abolish it - Differently abled: types, welfare and rehabilitative measures

taken by the government and NGO's – Role of Social Workers in the welfare of weaker sections.

## UNIT V

**Status of women and empowerment:** Status of women in ancient age – Medieval age – Modern age – Problems of Women in modern India – Development and welfare of women – Empowerment of women – Constitutional provisions to safeguard the interest of women – Role of NGO's in the empowerment of women – Impact of globalization of Women development.

### References:

- |                            |      |   |
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| Borede P.T                 | 1968 | Segregation and Desegregation in India – Socio Legal Study, Bombay: Man kolas.        |
| Dabra C.D                  | 1984 | Development of Weaker Sections: New Delhi:  |
| Dubey S.N and Mundra Ratna | 1976 | Adminstration of Policy and Programmes for Backward class in India, Bombay: Somaiya.  |
| Government of India        | 1999 | Economical and educational development of scheduled castes New Delhi: Govt of India.  |
| Mukhepadhyaya Swapria      | 1998 | Women's health on public policy and community action, New Delhi : Manohar.            |
| Nair T. Krishnan           | 1975 | Social work education and Development of weaker section, Madras school of social work |
| Puroshothaman Sangeetha    | 1998 | The Empowerment of women in India, New Delhi: Sage.                                   |
| Shankar Rao CN             | 2006 | Sociology of Indian Society, New Delhi: S.Chand .                                     |
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# Dipoma Paper III : COUNSELLING THEORIES

Course Number: **SWD 03**

Number of Credits: **4 (Four)**

## **Subject Description:**

This course presents different counselling theories.

## **Goals:**

To facilitate the students to learn the need and importance of different counselling theories its applicability in the social work profession.

## **Objectives:**

On successful completion of the course the students should enrich their knowledge about (i) different theories of counselling and (ii) Applicability of various therapies to multi-cultural perspective.

### **Unit I Psychoanalytic Therapy**

Introduction: Key Concepts, The therapeutic process and Application Therapeutic and Techniques, Procedures; Psychoanalytic Therapy from a Multi-cultural Perspective

### **Unit II Adlerian Therapy**

Introduction, Key Concepts, The Therapeutic Process, Application, Therapeutic Techniques and Procedures, Adlerian Therapy from a Multi-cultural Perspective

### **Unit III Existential Therapy**

Introduction, Key Concepts, The Therapeutic Process, Application Therapeutic Techniques and Procedures; Existential Therapy from a Multi-cultural Perspective

### **Unit IV Person-centered Therapy**

Introduction, Key Concepts, The Therapeutic Process, Application Therapeutic Techniques and Procedures, Person-centered Therapy from a multi-cultural Perspective

### **Unit V Rational Emotive Therapy**

Introduction, Key Concepts, The Therapeutic Process, Application Therapeutic Techniques and Procedures, Person-centered Therapy from a Multi-cultural Perspective

(Special paper IV)

***Subject Description:***

This course portrays various aspects of human resource management and personnel management such as HR planning and various management systems.

***Goals***

To facilitate the students to learn about Human resource management and Human resource development.

***Objectives***

On successful completion of the course the students should enrich their knowledge on HRM and Personnel management, HR planning, various management systems and wage and salary administration.

**UNIT I**

Human resource management- concept–importance–scope-Human resources management and personnel management.  
Personnel management- importance – functions.

**UNIT II**

Human resource management and human resource HRD –concept, meaning, philosophy, components, functions-HRD scene in India-Current trends-TEI-TQM-TBM-ISO.

**UNIT III**

Human resource planning – meaning, need, process, forecasting human resource requirement-need for HR policies. Recruitment-meaning source-methods. Selection – meaning –steps-use of psychological test. Placement and Induction. Training and development-meaning need –importance-objectives-methodology. Concept of lean management and outsourcing g. Promotion-transfer-redeployment-retirement

**UNIT IV**

Performance management –Various system-needs for performance appraisal-difficulties in performance appraisal-job analysis-job evaluation-job description-job specification-job enrichment-job enlargement-job rotation

**UNIT V**

Wage and salary administration –New concepts-profit sharing –performance linked compensation- career development strategies-importance –objectives-principles-compensation packages-succession planning –registers and records-HR audit-HR research-HR score card-employees satisfaction and measures for improvement-employees counseling.

**References**

- |  |      |  |
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| Dale. H . Besterfield<br>Carol Besterfield ( |      | Total quality management III Edition<br>Pearson Education.         |
| Davar R S                                    | 1977 | Personnel Management And Industrial Relations<br>New Delhi: Rawat. |
| Katju M                                      | 1982 | Domestic Enquiry - Bombay: Tripathi (P) Ltd<br>New Delhi – Vikas.  |

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| Memoria C B                           | 1980 | Personnel Management Bombay: Himalays   |
| Manoj Kumar Sekar                     | 2000 | Personnel Management , New Delhi: Crest.  |
| Mathur B L                            | 1989 | Human Resource Development Strategies, Approaches And Experiences Jaipur: Arinant |
| Nadler L                              | 1984 | Handbook Of Human Resource Development - New York : John Wiley And Sons           |
| Sharma Vijay                          | 2006 | Dyanamics of Human resource Development Jaipur: ABD.                              |
| Venkata Ratnam C.S.<br>Srivastva B.K. | 1997 | Personnel Management and Human resources New Delhi: Rawat.                        |
| Tripathi P.C                          | 2005 | Personnel Management and Industrial relations, New Delhi: Sultan's chand and sons |

## **SWP 15 B**

## **FOUNDATIONS OF PSYCHIATRY -II (sp paper IV)**

### ***Sub Description:***

This Course presents about various Childhood and Adult psychiatry disorders

### ***Goals:***

To facilitate the Students to be aware of various Childhood and adult psychiatric disorders which enable them in diagnosing & treating the mentally ill patients.

### ***Objectives:***

It enriches the knowledge of Students in psychiatric illnesses.  
It enables the Students in managing the Patients.

### ***Contents:***

#### **Unit I**

Child psychiatry – their types –Developmental disorders, Specific developmental disorders, habit disorders, hearing disabilities, Mental Retardation and Conduct disorders.

#### **Unit II**

Personality disorders, three clusters of Personality disorders, their symptoms and management of Personality disorders.

#### **Unit III**

Psycho sexual disorders-types and treatment.  
Epilepsy- types of epilepsy, management of epilepsy.

#### **Unit IV**

Alcoholic and substance abuse, Components of alcoholism, Causes of Alcoholism and Treatment of Alcoholism.  
Drug dependence– different types of drugs –Barbiturates, sedatives, cocaine, Heroine, Steroids, Hypnotics.

## **Unit V**

Trans cultural psychiatry- Cultural bound syndromes – their symptoms.

### **References:**

|                  |      |   |
|------------------|------|---|
| Abraham Varghese | 1982 | Introduction to psychiatry, New Delhi: BI                       |
| Bhatia M.S       | 2001 | Essentials of psychiatry, New Delhi: CBS.                       |
| James H. Seully  | 1979 | Psychiatry, New Delhi: D.K                                      |
| Niraj Ahuja      | 1998 | Introduction to psychiatry, New Delhi:<br>Rawat                 |
| Omkarnath G.     | 1977 | Psychiatry- P.G. Test review,<br>New Delhi: CBS.                |
| Kaplan           |      | Synopsis of comprehensive text book of<br>psychiatry            |
| Robert J Walter  | 1998 | Psychiatry for medical<br>students, Chennai: Medical publishers |
| Samson G Irwin   | 2003 | Abnormal Psychology, New Delhi: Prentice<br>Hall                |

## **SWP 15 C**

## **URBAN COMMUNITY DEVELOPMENT**

### ***Subject Description:***

This course deals with Urban community, urban administration, urban problems and programmes for Urban Community Development.

### ***Goals:***

To provide the students with theoretical knowledge of urbanization, urban administration, approaches to urban development, various urban problems, and programmes for Urban Community Development.

### ***Objectives:***

On successful completion of this course, the student should know various theories on urban life, problems and development.

The students learn administrative structure and programmes for urban development.

They acquire the skills to work with the urban community, and develop and implement programmes with them.

### ***Contents:***

## **UNIT I**

**Urban Community:** Meaning, characteristics, rural – urban linkages and contrast. City – meaning, classification, urban agglomeration, suburbs, satellite towns, hinterlands, new towns, metropolis, megalopolis.

**Urban Problems** – Housing, drug addiction, juvenile delinquency, prostitution/commercial sex, pollution; Slum – definition, causes, characteristics, functions, classification, approaches, theories and culture of slums.

**Migration** – Concepts, causes, types and theories.

## UNIT II

**Urbanization and Urbanism:** Meaning and Characteristics, Trends in urbanization process, theories of urbanization, Unorganized/Informal sectors: concept, characteristics; Unorganized Labour: child labour, women labour and construction workers and the role of the urban poor in urban development.

## Unit III

**Urban Community Development:** Definition, concept, objectives and historical background; Urban Community Development: approaches, principles, process and methods; Welfare extension projects of Central Social Welfare Board; Urban development planning: Town and Country Planning Act 1971, Importance of community planning and community participation in urban development; Role of community development worker; Application of social work method in urban development.

## Unit IV

**Urban Development Administration:** National, state and local levels; Urban services and urban deficiencies; 74<sup>th</sup> amendment and salient features of Nagarpalika Act; Structure and functions of urban development agencies: Municipal Administration – Corporations, Municipalities, Town Panchayats, metropolitan development authorities; functions of officials and non-officials in urban self-governments; slum clearance board, housing board, Housing and Urban Development Corporation (HUDCO), and United Nation's Centre for Human Settlement (UNCHS); role of voluntary agencies in urban development.

## Unit V

**Urban Development Programmes:** Five year plans and Urban development; Madras Urban development projects (MUDP) I & II; Tamil Nadu Urban development project (TNUDP); Urban Basic Services Programmes (UBSP); Nehru Rozgar Yojana (NRY), Tamil Nadu Slum Area (Clearance and Improvement) Act 1971, programmes of Slum Clearance Board; Slum clearance and improvement programmes, Resettlement and rehabilitation programme; Role of community development wing in implementation of UCD programmes; Problems in implementation of Urban Community Development Programmes.

## References:

- |                     |       |   |
|---------------------|-------|---|
| Aray & Abbasi       | 1995. | Urbanisation and its Environmental Impacts. New Delhi: Discovery.                             |
| Bhattacharya B      | 2006  | Urban Development in India<br>New Delhi: Concept.   |
| Clinard, Marshall B | 1970  | Slums and Community Development. New York : The Free Press.                                   |
| Diddee, Jayamala    | 1993  | Urbanisation – Trends, perspectives and challenges, Jaipur: Rawat.                            |
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| Phadke .V.S, etal.  | 2007  | Urbanisation,Development and Environment,New Delhi:Rawat.                                     |



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| Sabir Ali (Ed)            | 2006 | Dimensions of Urban Poverty, New Delhi: Rawat.   |
| Singh.R.B.(ed)            | 2006 | Sustainable Urban Development New Delhi:Concept.   |
| Sinha Rekha and Sinha U.P | 2007 | Ecology and quality of life in Urban Slums, New Delhi: Concept.  |
| Sudha Mohan               | 2005 | Urban Development and New Localism New Delhi: Rawat.   |
| Stanly, Selwyn            | 2005 | Social problems and issues: Perspectives for Intervention. Allied Publication, New Delhi.                                      |
| Thudipara, Jacob Z.       | 2007 | Urban Community Development. New Delhi:Rawat.  |
| UN Habitat (2003).        |      | The Challenges of Slums. Earthscan Publications Ltd, London.   |
| UN Habitat (2003).        |      | The Slums of the World: The Faces of Urban Poverty in the new Millenium. United Nation's Centre for Human Settlement, Nairobi. |
| Vibhooti, Shukla (1988).  |      | Urban Development and Regional Policies n India. Himalaya Publication, Bombay.   |
| Rangaswamy, Vimala (1967) |      | International Conference of Social Work: Urban Community Development – Its implications for Social Welfare, New York.          |
| Wiepe, Paul (1981)        |      | Tenants and Trustees. Mac Millan, Delhi.   |

## **SWP 16A                      ORGANAIZATIONAL BEHAVIOUR**

**(Special paper v)**

### ***Subject description:***

This course portrays various aspects of organizations behaviour, individuals and groups in organization, motivation, dynamics of organization, organizational change and development.

### ***Goals:***

To facilitate the students to learn more about challenges in organizational behaviour.

### ***Objectives:***

On successful completion of the course the students should enrich their knowledge to resolve conflicts in organizational environment, organizational changes and their impact on organization performance.

### ***Contents:***

#### **UNIT I**

Organizational Behaviour: definition - objectives – need, background and foundations of organizational behaviour - models of organization behavior-challenges in organizational behaviour.

#### **UNIT II**

Individual and groups in organization: individual difference - models of man Personality and behavior – perception and learning, values, attitudes and job satisfaction - group dynamics- theories of group formation - formal and Informal behavior - group behavior.

#### **UNIT III**

Motivation - theories of motivation – emotional intelligence, leadership, theories of leadership - concept of communication - communication process- effective communication – Management information system- management review meeting-Power and politics – organizational conflict.

#### **UNIT IV**

Dynamics of organization: concept of organization structure- bases of departmentation - span of management - delegation of authority -centralization and decentralization – Forms of organization structure line and staff, functional, divisional, project matrix organization structure. Job stress- causes and effects of stress- coping with stress.

#### **UNIT V**

Organizational change and Development - organizational culture – organizational effectiveness and organizational change. Organizational Development: meaning -characteristics – models – OD interventions – cross functional teams-Quality of work life.

### **References :**

|                   |      |   |
|-------------------|------|---|
| Jhon .W. Newstrom | 2007 | Organisational Behaviour<br>Tata Mc Grow –Hill Publishing company ltd.                          |
| Kesho Prasad      | 1996 | Organisational development foe excellence<br>S.Chand and company.                               |
| Khanka .S.S       | 2000 | Organisational behaviour<br>S.Chand and company, New Delhi.                                     |
| Misha             | 2001 | Organisation behaviour,Mumbai,Vikas.  |
| Stephen P. Robins | 2005 | Organisational behaviour<br>Prentice – Hall of India Pvt Ltd, New Delhi.                        |
| P.Subba Rao       | 1999 | Essentials of Human resource management and<br>Industrial relations. Himalaya publishing House. |

### **SWP 16B**

### **PSYCHIARTRIC SOCIAL WORK PRACTICE (Special Paper – V)**

### ***Sub Description:***

This subject deals with basic knowledge on mental health problems,  
Psychological methods / treatment,

**Goal:**

To enrich the students Knowledge on Psychiatry social work practice.

**Objectives:**

To help students understand basics of mental health problems.

To facilitate in field work training

**Contents:**

**UNIT - I**

Magnitude of mental health problems among men, women, aged, socio-economically disadvantaged, urban and rural population and in disaster situations. Treatment for the mentally ill patients – chemotherapy.

Anti psychotic drugs, anti depressant – ECT – psychosurgery.

**UNIT II**

Psychological methods / treatment – psychotherapy, supportive, re-educative. Reconstructive psychotherapy – behaviour therapy, group therapy – yoga – meditation – occupational and recreational therapies.

**UNIT III**

Contemporary theories of therapy – client centered therapy – reality therapy – gestalt therapy – rational emotive behavior therapy – transactional analysis

**UNIT IV**

Role of psychiatric social worker in half way homes – day care centers – child guidance clinics – community mental health programmes.

Admission procedures governing – admission and discharge from a psychiatric hospital.

**UNIT V**

Policies and legislations related to mental health in India: Indian lunacy act – mental health act – community participation in mental health.

Present mental health care services: identification of needs and related services in India. Training of psychiatric social work in India.\

**References:**

Bhatia M.S (2000) : Essentials of psychiatry

Gorey : Theory and Practice of counseling and psychotherapy

Government of India : National mental Health Programme for India, Ministry of Health and Family Welfare.

Irwin .G.Samson Abnormal psychology.

Kaplan : Synopsis for comprehensive of psychiatry

Kruvilla K & Venkoba Rao A : Psychiatry

Pregest 1971 : Psychiatry self Assesment review



## UNIT V

Project personnel empowerment: Training: Meaning, need, importance, purpose and significance – Training needs: Areas of health – Rural development, child health and welfare, Women welfare, Youth welfare and aged welfare – Awareness on behavioural, environmental and social issues – Institution building of Non-Profit Organisations in administering the Social Welfare Programmes.

### References:

- |                                      |      |   |
|--------------------------------------|------|---|
| Clark, John                          | 1991 | Voluntary Organisations: Their Contribution to Development, London, Earth Scan.             |
| Eade Deborah and Litingen Ernst.(ed) | 2006 | Debating development-NGOs and the Future, New Delhi: Rawat.                                 |
| Ginbery, Leon.H                      | 2001 | Social Work Evaluation - Principles and Methods, Singapore, Allyn and Bacon.                |
| Kandasamy.M                          | 1998 | Governance and Financial Management in Non – Profit Organization, New Delhi, Caritas India. |
| Kappor, K.K(Ed)                      | 1986 | Directory of Funding Organizations, New Delhi, Information and News Network.                |
| Kumar, A                             | 2003 | Social Change through NGO's, New Delhi, Anmol Publishers.                                   |
| Mukherjee, Amitarva(Ed)              | 1995 | Participatory Rural Appraisal: Methods and Application In Rural Planning, New Delhi,Vikas.  |
| Mukherjee, K.K and Mukherjee Sutapa  | 1986 | Voluntary Organization: Some Perspectives, Hyderabad, Gandhi Peace Centre.                  |
| Mukherjee, Neela                     | 1995 | Participatory Rural appraisal and Questionnaire Survey, New Delhi:Concept.                  |
| Robin Lall                           | 2004 | The Dynamics of NGO's New Delhi, Dominant Publishers.                                       |

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| Sakararan and<br>Rodrigues         | 1983 | Hand Book for the<br>Management of<br>Voluntary Organisation<br>Madras, Alfa. |
| Sooryamoorthy Rnsd<br>Gangrade K.D | 2006 | NGOs in India-A cross Sectional study<br>New Delhi: Rawat.                    |
| Vetrivel Surendra<br>Kumar         | 1999 | Participation – Concept,<br>Approach and Techniques,<br>New Delhi, Vetri.     |

## **Diploma Paper IV : COUNSELLING TECHNIQUES**

Course Number: **SWD 04**

Number of Credits: **4 (Four)**

**Subject Description:**

This course presents different counselling theories.

**Goals:**

To facilitate the students to learn the need and importance of different counselling theories its applicability in the social work profession.

**Objectives:**

On successful completion of the course the students should enrich their knowledge about (i) different theories of counselling and (ii) Counselling history and research, (iii) basics of counselling and therapeutic relationships, and (iv) Assessment, Testing and Diagnostic process.

**Unit I**

Behaviour Therapy

Introduction-Key concepts-The therapeutic process-Application: Therapeutic techniques and procedures Behaviour Therapy from a multicultural perspective

**Unit II**

Cognitive Behaviour Therapy - Introduction-Key concepts-The therapeutic process-Application:

Therapeutic techniques and procedures- Aaron Beck's cognitive behaviour therapy-Meichjenbaum's cognitive behaviour modification from a multicultural perspective

**Unit III**

**Reality Therapy**

Introduction-Key concepts-The therapeutic process-Application: Therapeutic techniques and procedures Reality Therapy from a multicultural perspective

#### **Unit IV**

Approaches cognitive therapy Expressive therapy: Art Therapy-Music and dance therapy –play back therapy

#### **References (For both the Papers):**

- Gelso, Charles J. & Fretz, Bruce R., 1995  
Dave, Indu, 1991  
Gururani, 2005  
Kottler, J.A. and Brown, R.W., 2000  
Leigh, A. 1998  
Patterson, Lewis E. 1981  
Prahanthem, B.J., 1988  
Sharma, Ram Nath, 2001  
Woofe, R & Dryden, W. 1996
- Counselling Psychology, Prism Book Pvt. Ltd. Bangalore.  
The Basic Essentials of Counselling, Sterling Publishers, N.D.  
Guidance & Counselling: Educational, Vocational & Career Planning, Akansha Publishing House, New Delhi.  
Introduction to Therapeutic Counselling, Brooks/Cole, U.S.  
Referral and Termination Issues for Counsellors, Sage, N.D.  
The Counselling Process, Tata McGraw Hill Publishing Company Ltd., New York.  
Therapeutic Counselling, Christian Counselling Centre, Vellore  
Counselling and Guidance, Surjeeth Publications, New Delhi.  
Handbook of Counselling Psychology, Sage, New Delhi.
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