

Diploma in Bharathanatyam

Syllabus

AFFILIATED COLLEGES

Program Code: ***

2021 – 2022 onwards



BHARATHIAR UNIVERSITY

(A State University, Accredited with “A” Grade by NAAC,
Ranked 13th among Indian Universities by MHRD-NIRF,
World Ranking: Times -801-1000, Shanghai -901-1000, URAP - 1047)

Coimbatore - 641 046, Tamil Nadu, India

DIPLOMA IN BHARATANATYAM

(For the candidates admitted from the academic year 2021 - 22 onwards)

Indian classical dances bring out the quintessential cultural ethos of the diverse regions of India. This programme offers practical training in the basics of the classical dance form and provides a holistic and integrated approach to understanding Indian performing arts through theory courses with seventy and thirty weightages for practical and theory percent. It combines the flexibility of distance and continuing education with conventional learning system, and provides for face-to-face interaction, for both theory and practicals

Programme Objective

1. To introduce Bharatanatyam to students who are interested in beginning their pursuit into deep learning of the art form
2. To prepare the body to cope with the intricacies of the art form so injuries can be prevented specially in adult students
3. To help every student appreciate the nuances of the artform so, besides being dancers, they will develop an eye to see art
4. To inculcate empathy in the practice of art

Programme Outcomes

1. Understand the basics of Bharatanatyam.
2. Know the language of gestures and its usages.
3. Perform three items of dance

Eligibility for Admission

The Candidates those who have passed in 10+2 Examination. Prior training is not necessary.

Duration of the course

The course shall extend over a period of 1 year comprising of Annual Pattern. Examinations shall be conducted at the end of the academic year for the respective subjects. The candidates admitted to this course would attend 210 hours per year to complete the course.

Medium of instruction and examinations

The medium of instruction and examinations shall be in English.

SCHEME OF EXAMINATION (2021-22)

	Title of the paper	Instruction hours/ Wk	Exam duration (Hrs)	Total marks
Theory 1	Theory of Bharatanatyam	3	3	100
Theory 2	History & Heritage of Bharatanatyam	3	3	100
Practical 1	Bharatanatyam Preliminary	3	3	100
Practical 2	Specific Adavus and Performable items	3	2	100
Practical 3	Dance Appreciation	3	2	100
				500

Examinations

1. A candidate will be permitted to appear for the University Examination for any year if he / she secures minimum 75% of attendance in the number of instructional days.
2. Examination shall be conducted at the end of the Academic Year.

Distribution of Semester Marks - Theory				
Total Marks	External		Internal (Max Marks)	overall Passing minimum (Internal + External)
	Maximum	Passing Minimum for external alone		
100	75	30	25	40
Distribution of Semester Marks - Practical				
100	60	24	40	40

Question Paper Pattern for Theory Exam

Section A	Answer all the questions (10 questions of one-word answer Q.Nos.1 to 10)	10X1=10
Section B	Answer all the questions. 5 questions 'either or' choice	5X6=30
Section C	Open choice Answer 5 questions out of 8	5X12=60

Passing Minimum

- a. A candidate shall be declared to have passed in a paper if he or she obtains not less than 40% of marks in that paper.
- b. A candidate failing to secure the minimum marks prescribed shall be required to reappear for the examination in that paper and obtain not less than the minimum marks required for passing the paper.

Classification of Successful Candidates

- a. Successful candidates passing the examinations by securing not less than 60% of total marks in all subjects shall be declared to have passed in First class.
- b. Successful candidates passing the examinations by securing not less than 50% of total marks in all subjects shall be declared to have passed in second class.
- c. All other successful candidates shall be declared to have passed the examinations in Third class.

Theory 1- Theory of Bharatanatyam

Course Objective: To gain understand the basic theories on which Bharatanatyam and gain introduce some basic treatises on dance.

Unit 1: Mythology - Origin of Natya, Notes on the Abhinayadarpanam

Unit 2: Patra Pranah, Brief History of Bharatanatyam

Unit 3: Dhyana Shloka, Guru Shloka, Asamyuta Hasta, Samyuta Hasta

Unit 4: Shiro, Dhristi, Griva Bheda, Basic Dance Anatomy

Unit 5: Padabheda from the Abhinaya Darpanam (Mandala Bheda, Sthanaka Bheda, Utplavana Bheda, Brahmari Bheda, Chari Bheda)

Reference Books:

1. A. Vallabh, Abhinaya Darpanam: An Illustrated Translation (B.R. Rhythms, 2013),
2. J.G. Haas, Dance Anatomy-2nd Edition, Anatomy Series (Human Kinetics, 2017),

Theory 2 - History and Heritage

Course Objective: The objective of the paper is to understand the comprehensive nature of Bharatanatyam which has its origin in the temples which comprises in itself music, literature, iconography, philosophy and history.

Course Outcome: The student would be able to understand appreciate rich heritage and history which informs the dancer's understanding of the art form.

Unit 1: Temple Studies (Iconography, Types of South Indian Architecture)

Unit 2: Hindu Mythology (Shaiva), Dashavatara Hasta, Navagraha Hasta, Devata Hasta

Unit 3: Field Visit to Perur Temple

Unit 4: Dance of Shiva

Unit 5: Notes on Alarippu, Kautvam and Shabdham.

Reference Books:

1. V. Ganapathi, Indian Sculpture and Iconography (Sri Aurobindo Society, 2002)
2. V. Dehejia et al., The Sensuous and the Sacred: Chola Bronzes from South India (American Federation of Arts, 2002)

Practical 1 Bharatanatyam Preliminary

Course Objective: The objective of the course is to give the student the necessary grounding in order to pursue the art of Bharatanatyam.

Course Outcome: The students

1. would have the advantage of the essential warm ups to maintain general fitness for Bharatanatyam
2. Will learn the elemental steps of Bharatanatyam
3. Will learn a shloka

Unit 1:

Warm up - 12 Sets of warm up routines + Shlokam

Unit 2:

Tattadavu series (8)

Nattadavu (8)

Unit 3:

Paraval Adavu (4)

Kudittumettadavu (4)

Unit 4:

Kuthadavu (2)

Ettal/ Shayana Adavu (2)

Unit 5: Mandi Adavu

Practical 2 - Specific Adavus And Performable items

Course Objective: The objective of the paper is to enable the student to build the basics and prepare for performance of certain items.

Course Outcome:

The student would be able to

1. Perform full-fledged Bharatanatyam items which are included in the Syllabus
2. Build the necessary Learning outcomes which will enable them to have a broader understanding of the art form
3. Conduct a programme with explanations to communicate to the audience
4. Will learn an Alarippu

Unit 1:

Utplavana Adavu (2)

Kathi Adavu (1)

Kartari Adavu (1)

Unit 2: Jaaradavu/ Sarikkai Adavu (4)

Unit 3: Teermanam Adavu

Unit 4: Korvai Adavu

Unit 5: Alarippu

Practical 3

Course Objective: The course is meant to bridge the gap between theory and practice in Bharatanatyam.

Course Outcome: Students would be able to notate the rhythmic patterns which are practically performed, form the basics of the emotive aspect of dance(Abhinaya) and to maintain the record for dance and music observation and learn a Shabdham and a Pushpanjali/Kauthvam/

Unit 1:

Matra, Akshara and Avartana

Pancha Jathis - Tattimettu

Dance Notation

Kalaprarnanam

Yati and Teermanam

Composing a Korvai

Unit 2:

Shloka Recitation:

Dhyana Shloka, Guru Shloka

Asamyuta Hasta

Samyuta Hasta

Shiro, Dhrishti, Griva Bheda

Padabheda from the Abhinaya Darpanam

Mandala Bheda

Sthanaka Bheda

Utplavana Bheda

Brahmari Bheda

Chari Bheda

Unit 3 : Pushpanjali/Kautvam

Unit 4: Shabdham

Unit 5: Record Maintenance

Reference Books:

A. Vallabh, Abhinaya Darpanam: An Illustrated Translation (B.R. Rhythms, 2013)